

Dr. Justin C. Ross

DC CCSP® CSCS® MUAC CSTI

34406 N. 27th Dr Suite 116 Phoenix AZ 85085

Doc@SportsDocAz.com

P: 602.826.8031

F: 602.795.4180

Education

March 2007	D.C. Magna Cum Laude	Palmer College of Chiropractic West San Jose, California Doctorate of Chiropractic (Lic. 7827)
December 2003	B.S. Summa Cum Laude	Arizona State University Tempe, Arizona Bachelors in Kinesiology
March 1999	L.P.N.	U.S Army, Brooke Army Medical Center San Antonio, Texas 91C Nursing Program
February 1998	E.M.T.	U.S Army, Brooke Army Medical Center San Antonio, Texas 91B Combat Medic Program

Post-Doctorate Certifications

- Board Certified Chiropractic Sports Physician – CCSP, through the American Chiropractic Board of Sports Physicians
- Board Certified Physiotherapist (Lic. 4512)
- Certified Strength and Conditioning Specialist – CSCS, through the NSCA
- Fully Certified Graston Technique Practitioner
- Certified in Manipulation Under Anesthesia – MUAC
- Certified SpiderTech Taping Instructor - CSTI

Professional Experience

Physician / Clinical Director, *Private Practice*, March 2007 - Current

Sales / Educator, *Nucap Medical, SpiderTech Division*, April 2008-Current

Teaching Assistant, *Palmer College of Chiropractic West*, March 2004 – Jan 2007
Microbiology and Clinical Chemistry

Licensed Practical Nurse, *Scottsdale Healthcare Osborn*, Scottsdale AZ, August 1999 - Dec 2003

Soldier & Combat Medic, *U.S. Army and Arizona National Guard*, Phoenix AZ, September 1997 – July 2005

Teaching Assistant, *Arizona State University*, January 2001-December 2001
Human anatomy and physiology

Activities

- ❖ National and international speaker on injury rehabilitation, pain management, and performance
- ❖ President of the Arizona Association of Chiropractic Sports Council
- ❖ Executive council member of the Arizona Association of Chiropractic
- ❖ Founder and charter member of the Arizona Association of Chiropractic Sports Council
- ❖ Member of the medical team for the following International, National, and local events
 - Montreal Pro Cycling Tour
 - Kona Iron Man World Championships
 - Motherload Volleyball Tournament – Largest Team Volleyball event in the USA
 - The Sunkist Invitational Wrestling Tournament
 - Team USA World Grappling team trials
 - Tour of California Professional International Cycling
 - Susan G. Koman 3-day Breast Cancer Walk
 - Arizona Brazilian Jiu-Jitsu State Championships
 - WDIA Women's College Lacrosse National Championship
 - Arizona Brazilian Jiu-Jitsu State Federation official chiropractor
 - Lion's Den Mixed Martial Arts fight team
 - Pepsi Pro Golf Tour
 - Arizona Derby Dames
 - Nathan's Triathlon
 - Soma Half Ironman
 - Susan G. Koman Breast Cancer 3-day
 - P.F. Chang Marathon Kick-off
 - Numerous smaller races and event
- ❖ Provided educational presentations and rehab consultations for the following organizations
 - Athletes Performance
 - San Francisco Giants
 - Florida Panthers
 - Atlanta Thrashers
 - Florida Panthers
 - Tampa Bay Lightning
 - Boston Bruins
 - Philadelphia Flyers
 - Chicago Cubs
 - Cincinnati Reds
 - Seattle Mariners
 - Select Physical Therapy
 - Sister Kenny Hospital Group
 - Select Physical Therapy
 - Sammons Preston Group
 - Luke Air Force Physical Therapy
 - Maricopa Medical Center Physical Therapy
 - Professional Baseball Athletic Trainers Society
 - Professional Tennis Registry
 - Professional Hockey Athletic Trainer Society
 - Athletes Performance Center
- ❖ Varsity wrestling coach for the North Canyon High School Rattlers
- ❖ Past District 11 representative of the board of directors for the Arizona Association of Chiropractic
- ❖ Member
 - USA Wrestling – Coach (bronze level)
 - American Chiropractic Association
 - Arizona Association of Chiropractic
 - Arizona Association of Chiropractic Sports Council - Founder
 - American Board of Chiropractic Sports Physicians
 - National Strength and Conditioning Association
- ❖ Charter member of the Desert Ridge Kiwanis Club
- ❖ Member of the North Phoenix and Scottsdale Chamber of Commerce

Publications

- “Determining Spinal Level Using the Inferior Angle of the Scapula as a Reference Landmark: A Retrospective Analysis of 50 X-rays” – Michael T. Haneline, D.C., M.P.H.; Robert Cooperstein, MA, D.C.; Justin Ross, DC, CCSP., CSCS.; Morgan D. Young, B.S.;
- Golfing Magazine monthly contributor on health and wellness

Scholarships & Awards

- Presidential Who's Who 2010
- America's Top Chiropractors 2009
- Who's Who in Healthcare 2007
- Member of Dean's List at Palmer College of Chiropractic West during entire matriculation
- Member of Dean's List at Arizona State University during entire matriculation
- Honor Graduate of U.S. Army Nursing Program 1999
- Honor Graduate of U.S. Army Combat Medic Program 1998
- National Deans List Scholar
- Nominated for Outstanding Junior of Kinesiology Dept. 2002
- Member Pi Tau Delta Chiropractic Honor Society
- Member of Phi Eta Sigma Honor Society
- Class treasurer – PCCW
- Active member of chiropractic sports council - PCCW
- President Student American Chiropractic Association, 2005 – 2006
- Distinguished service award, American Chiropractic Association – 2005
- American Chiropractic Foundation Scholarship 2005 recipient
- Science book grant recipient – PCCW
- Academic Achievement Grant recipient – PCCW
- Arizona Regents Scholar 2000-2003
- USA Funds Access to Education Scholarship 2002-2006